

# THE ALLY



## A MESSAGE FROM OUR PRESIDENT

Many LGBTQ students across the country are feeling particularly vulnerable as the national conversation turned towards them over the past two weeks. We encourage educators to avail yourselves of the many resources available: [Time Out Youth Center](#), [PFLAG Charlotte](#), [GLSEN](#) and more. To our corporate friends and allies, please continue to empower your employee resource groups and let us know how PFLAG can support your LGBTQ employees and allies. A huge shout out to Time Out Youth, Equality North Carolina and UNC Charlotte for a sold out 2018 Carolina Conference on Queer Youth. If you are following this national conversation around gender identity, here is [my letter to the editor](#) that appeared in the Charlotte Observer last Wednesday, on behalf of PFLAG Charlotte. Please vote! ~ *Ashley Nurkin*

## NEWS AND TOOLS

Gender Spectrum has announced a number of resources for Grandparents, including an upcoming [Online Discussion Group](#) for Grandparents of Gender Diverse Kids. A 20 minute [video](#) “Holiday Tips for Grandparents of Gender Diverse Kids” can also be found on their website.

GLSEN and the National Center for Transgender Equality recently

released their updated [Model School District Policy on Transgender and Gender Nonconforming Students](#), which outlines best practices for schools to ensure that all students are safe, included, and respected in school, regardless of their gender identity or expression.

Teen Vogue's article, [What High School is like for Transgender Students](#), highlights a school awareness campaign by GLSEN and the Movement Advancement Process. The campaign includes a PSA video, infographics and a toolkit available for educators to heighten awareness of issues faced by transgender and gender diverse youth.

The National LGBT Health Education Center at The Fenway Institute has published three new papers: [Creating a Transgender Health Program at Your Health Center](#), [Suicide Risk and Prevention for LGBTQ Patients](#), and [Learning to Address Implicit Bias Towards LGBTQ Patients: Case Scenarios](#).

The American Academy of Pediatricians has issued a [new policy](#) statement, "Ensuring Comprehensive Care and Support for Transgender and Gender Diverse Children and Adolescents."

In case you missed it, the Human Rights Campaign Foundation issued "[A Workplace Divided: Understanding the Climate for LGBTQ Workers Nationwide](#)".

## UPCOMING EVENTS

Time Out Youth is hosting free training, [Supporting Transgender and Non-Binary Students](#), for school staff, counselors and family members on Friday, November 2 - 11am - 12:30 pm and Wednesday, November 7 - 4pm - 5:30pm. Contact [Rebby Kern](#), Director of School Outreach.

November 3, 2018 - [4th Annual North Carolina Safe Schools LGBTQ+ Conference for Educators and School Communities](#)

November 14 - In honor of Transgender Awareness Week, Bank of America is hosting a community event, "[Transgender Awareness: A Network of Support](#)". All are welcome to come learn, support and

engage. 5:30 pm - 8 pm at Divine Barrel in NoDa.

November 17, 2018 - Inaugural [Support the Rainbow Conference: Professionals and Allies Education Conference](#) jointly provided by PFLAG-Winston-Salem, Novant Health Forsyth Medical Center, and Northwest Area Health Education Center.

November 20, 2018 - All are welcome to attend a community event at Time Out Youth Center from 6:30 - 8:30 pm for Transgender Day of Remembrance, an annual observance that honors the memory of those whose lives were lost in acts of anti-transgender violence.

November 21, 2018 is #GivingTuesdayCLT. Join in this global day of giving by supporting the nonprofit of your choice! If you'd like to give GOOD by supporting PFLAG, you may make a [donation](#) or purchase something from our [Amazon wish list](#)!

## **PFLAG MEMBERS MAKING A DIFFERENCE**

[Jim Anderson](#) received a well-deserved standing ovation for his “Acceptance is the First Step to Love” Ted Talk last month in Charlotte.

[Annabelle Pardo](#), [Doug Cooper](#), [Claudette](#) and [Devin Greene](#) presented “Embracing all of the Rainbow: Validating the Experiences of Transgender and Queer Families of Color” at the 2018 Carolina Conference on Queer Youth.

Dr. Brian Lurie (Medical director, Myers Park Pediatrics) and PFLAG Board Members [Sarah Eyssen](#) and [Karen Graci](#) presented “Affirming Care for Transgender and Gender Diverse Youth” to the Charlotte Pediatric Society last month. Healthcare providers: [contact us](#) if you'd like to schedule an “Affirming Healthcare” PFLAG workshop in your practice.

Our [Faith in Action Committee](#), in partnership with Caldwell Presbyterian, co-hosted a workshop, “At The Intersection of Faith and LGBTQ Identities”. Thank you [Jim Anderson](#) and [The Green Family](#) for

sharing your stories. [Contact us](#) you'd like to bring a version of this workshop to your faith community.

## **PFLAG NEEDS YOU!**

It's time for our annual Membership Drive! Join PFLAG, renew your membership, or donate [here!](#)

Join us at our next monthly support meeting! We meet the second Monday of each month at from 6:30 pm - 8:30 pm at Time Out Youth, 3800 Monroe Road, Charlotte, NC 28205.

## **THANK YOU, ALLIES!**

Thank you to Caldwell Presbyterian Church and the Charlotte Pediatric Society for providing us with the opportunity to collaborate with you!

*Questions or comments on The Ally? You can reach us [here!](#) ~ Karen Graci*

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