

PFLAG Charlotte

Virtual and In Person Peer Support Group Meetings

Workshops for Parents and Caregivers of LGBTQ Youth

Free downloadable publications, along with links to important local and national resources.

Find a PFLAG chapter near you.

Healthcare Resources

Atrium Health Levine Children's Center for Gender Health

Avance Primary Care Midtown

Novant Health FAQ's and resources for LGBTQ adults and youth.

Duke Child and Adolescent Gender Care Clinic

UNC Urology Services for Transgender and Gender Diverse Individuals

UNC Pediatric and Adolescent Clinic for Gender Wellness

Charlotte Transgender Healthcare Group - multi-disciplinary LGBTQ affirming team of licensed medical and mental health providers.

Center of Excellence for Transgender Health, UCSF Primary Care Protocol for Transgender Patient Care.

Ensuring Comprehensive Care and Support for Transgender and Gender-Diverse Children and Youth – American Academy of Pediatrics Policy Statement.

World Professional Association for Transgender Health is a non-profit, interdisciplinary professional, educational organization devoted to transgender health. Publishes Standards of Care.

Dignity and Rights of Asexual Individuals - American Association of Sex Educators, Counselors, and Therapists Position Statement

LGBTQ Peer Support and Education

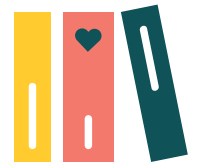
Gender Education Network - A local organization serving transgender and gender diverse youth ages 11 and under

Straight for Equality - a project of PFLAG National. Lots of free downloadable resources, including Equality Literacy 101

Time Out Youth Center - Take a virtual tour of Charlotte's safe space for LGBTQ Youth ages 11-20 here

PFLAG Charlotte - Virtual and in person peer support groups, educational programming, and community events

Transcend Charlotte - Support groups, referral services, and a trans closet for transgender and gender diverse adults



LGBTQ Peer Support and Education Continued

NC LGBTQ+ Chamber of Commerce- Local organization that provides business and networking opportunities.

Campaign for Southern Equality- Organization working for equity in the South for LGBTQ+ folk.

Charlotte Pride

Charlotte Black Pride- Local organization that promotes to empower Black LGBTQ+ community members.

Freedom Center for Social Justice

Gender Spectrum- Organization working to create gender sensitive and inclusive environments for children and teens.

Family Acceptance Project

School and Family Resources

Campus Pride- Organization providing a database of LGBTQ+ friendly campuses and what they offer.

Bullying Prevention Specialist- LGBTQ+ youth support, Charlotte Mecklenburg Schools

Rainbow Foster Network- Local organization providing support for LGBTQ+ youth in foster care and kinship care and their foster families and their foster families and LGBTQ+ adults involved in fostering.

Schools in Transition- A guide for supporting transgender students in K-12 schools, Gender Spectrum

Legal Resources

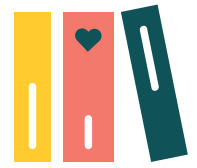
National Center for Transgender Equality - how to update ID Documents by state

ACLU of North Carolina

Connie Vetter, LGBT Attorney at Law

Transgender Law Center

Equality NC



A Few of Our Favorite Books

Gender Born, Gender Made: Raising Healthy Gender-Nonconforming Children by Diane Ehrensaft and Edgardo Menvielle

The Every Body Book: The LGBTQ+ Inclusive Guide for Kids about Sex, Gender, Bodies, and Families by Rachel E. Simon

The Gender Creative Child: Pathways for Nurturing and Supporting Children Who Live Outside Gender Boxes by Diane Ehrensaft and Norman Spack

The Savvy Ally: A Guide for Becoming a Skilled LGBTQ+ Advocate by Jeannie Gainsburg

The Transgender Child: A Handbook for Families and Professionals by Stephanie A. Brill and Rachel Pepper

The Transgender Teen - A Handbook for Parents and Professionals Supporting Transgender and Non-Binary Teens by Stephanie Brill and Lisa Kenney

Hotlines

988 Suicide & Crisis Lifeline

Trevor Project Lifeline 866-488-7386, Text START to 678-678, [Chat Online](#)

LEADING WITH LOVE