

2025

GRATITUDE & IMPACT REPORT



Dear Friends of PFLAG Charlotte,

What a year it has been. 2025 certainly had its ups and downs. Across the country, legislatures continued introducing anti-LGBTQ+ bills aimed at restricting access to gender-affirming healthcare, erasing queer people and their accomplishments from public life, and denying trans youth the opportunity to participate fully in sports.

Here in Charlotte, though, we are fortunate to be part of a strong, supportive, and deeply connected community. Together—with our friends, partners, volunteers, and families—we advocated for LGBTQ+ rights, participated in peer-support meetings, showed up at community events, and gathered in joy and solidarity.

Your support, and the support of your friends and families, makes all this possible. It ensures that we can continue doing what we do best: leading with love as we navigate an ever-changing landscape.

Our mission remains steadfast: to create a caring, just, and affirming world for LGBTQ+ people and those who love them. In the year ahead, we will continue to center our community, listen with respect and compassion, and draw strength from the collective power of our unified organization. With curiosity and humility, we will broaden our skills, learn from both our successes and our challenges, and adapt to meet the needs of a changing world.

We are also entering a new chapter under the leadership of our new Executive Director, Elizabeth Deters, whose academic background, nonprofit leadership experience, and deep commitment to inclusive community-building and allyship will guide us forward with clarity and purpose.

With the unwavering dedication of our volunteers and donors, we will continue to provide group peer support and one-on-one assistance to all who need it, educate allies, and advocate for equality.

We hope to see you at one of our community events soon so we can connect, share, and continue building this vibrant community together.

In 2026, we will keep showing up—with love, courage, and collaboration.

With much gratitude,
The PFLAG Charlotte Board of Directors

OUR TEAM



ELIZABETH DETERS | SHE/HER

Executive Director

My passion for creating spaces of welcome for all people has led me to a career where I have had the privilege of working to support people and communities that have been pushed to the side and overlooked. My allyship has been a cornerstone of this journey —personally and professionally—guiding me to listen first, center queer voices, and advocate with compassion.



Lindsay Burrell | she/her



Lara Cagle | she/her



Josh Dumas | he/him



Amy Johnson | she/her



Dr. Robyn Koeppen | she/her



Gretchen Kohlhepp | she/her



David Mumby | he/him



Shenna Patterson | she/her



Alex Sheldon | they/them

our mission & values



My life is infinitely richer because of the people I met through PFLAG. Some will be lifelong friends; others I knew for just a few short years; all have been gifts.
- PFLAG Parent

Our Mission: To create a more caring, just, and affirming world for LGBTQ+ people and those who love them.

Our Vision: An equitable, inclusive world where every LGBTQ+ person is safe, celebrated, empowered, and loved.

support

Offer a safe space for allies to share stories, build community, and find resources.

education

Equip allies with the knowledge and resources needed to support the LGBTQ+ community.

advocacy

Empower allies to fight for LGBTQ+ justice, equity, and inclusion in Charlotte and beyond.

peer support & community

25

peer support meetings
across the region

196

peer support sign ins
throughout 2025



Peer Support is at the heart of every PFLAG chapter, including ours! We offer three different meetings across greater Charlotte as well as one-to-one support in both Spanish and English. These meetings provide a safe space for families, allies, and LGBTQ+ people to share their stories, build community, and connect to resources. We look forward to continuing these meetings in 2026 under a new name: Community Check Ins.

advocacy & outreach

1,170

people reached

at resource fairs and
community events

In 2025, the LGBTQ+ community continued facing unprecedented challenges. Through the expertise and dedication of our staff, board, and volunteers, we have transformed many of those challenges into opportunities for connection and action. Our Advocacy Committee hosted a Virtual Education and Action Session, and we have been able to highlight advocacy opportunities with PFLAG National.



education

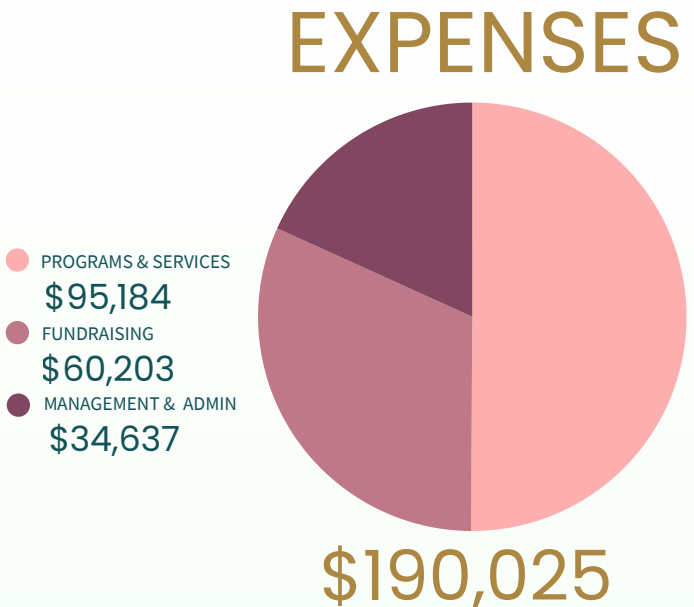
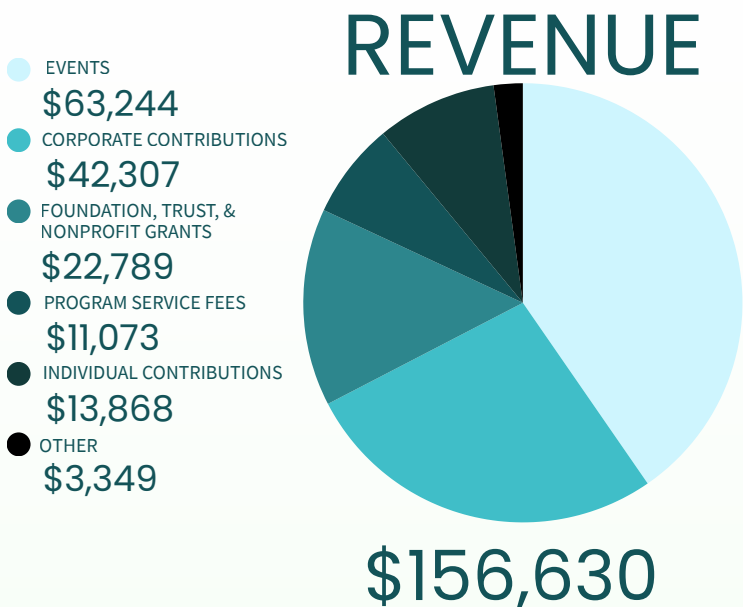
Our Educational Programming empowers allies to create more **inclusive and equitable workplaces, schools, faith communities, and organizations.** In 2025, we facilitated **15 workshops.**



finances

In order to sustain PFLAG Charlotte for years to come, we continue to assess and reduce expenses where possible while still providing necessary support, outreach, and community offerings for Charlotte.

maximizing impact
amidst transition



looking forward

In 2026, PFLAG Charlotte will continue to serve our community through intentional, inclusive, and impactful support, programming, and advocacy efforts.

We will build on our successes by exploring new opportunities for mutually beneficial collaboration with our partners, being responsive to community needs, and remaining steadfast in our commitment to **building an equitable, inclusive world where every LGBTQ+ person is safe, celebrated, empowered, and loved.**

This critical work would not be possible without you. Our gratitude for our donors, community collaborators, event hosts, and volunteers is never ending.

If you would like to collaborate, volunteer, partner with us, or offer financial support to allow PFLAG Charlotte to continue this critical work, please email us or check out our website for opportunities.



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